



Castilla-La Mancha

Somos deporte



DIPUTACIÓN  
DE GUADALAJARA

3ª. Jornada

24-03-19

MAÑANA

Lugar: Azuqueca

	C	prueba	cat.	Llam.At.	Cam.Llam.	Sal.Pista	hora com.
1		Triple	cdm	8:50'	8:55'	9:00'	<b>9:10</b>
2		5.000 m.	jvf	8:50'	8:55'	9:00'	<b>9:10</b>
3		5.000 m.	jvm	8:50'	8:55'	9:00'	<b>9:10</b>
4		Altura	jvm	8:50'	8:55'	9:00'	<b>9:10</b>
5		Triple	cdf	9:30'	9:35'	9:40'	<b>9:50</b>
6		Altura	jvf	9:30'	9:35'	9:40'	<b>9:50</b>
7		1.500 m.obst.	cdf	9:40'	9:45'	9:50'	<b>10:00</b>
8		1.500 m.obst.	cdm	10:00'	10:05'	10:10'	<b>10:20</b>
9		Triple	jvm	10:00'	10:05'	10:10'	<b>10:20</b>
10		Altura	inm	10:10'	10:15'	10:20'	<b>10:30</b>
11		2.000 m.obst.	jvm	10:20'	10:25'	10:30'	<b>10:40</b>
12		2.000 m.obst.	jvf	10:40'	10:45'	10:50'	<b>11:00</b>
13		Triple	jvf	10:50'	10:55'	11:00'	<b>11:10</b>
14		500 m.l.	alm	11:00'	11:05'	11:10'	<b>11:20</b>
15		Altura	inf	11:10'	11:15'	11:20'	<b>11:30</b>
16		500 m.l.	alf	11:20'	11:25'	11:30'	<b>11:40</b>
17		Longitud	inf	11:30'	11:35'	11:40'	<b>11:50</b>
18		800 m.l.	jvm	11:40'	11:45'	11:50'	<b>12:00</b>
19		800 m.l.	jvf	11:50'	11:55'	12:00'	<b>12:10</b>
20		Marcha 3Km.	inf	12:00'	12:05'	12:10'	<b>12:20</b>
21		Marcha 3Km.	inm	12:00'	12:05'	12:10'	<b>12:20</b>
22		Altura	alm	12:10'	12:15'	12:20'	<b>12:30</b>
23		Longitud	inm	12:40'	12:45'	12:50'	<b>13:00</b>
24		400 m.l.(CONTROL)	abm	12:40'	12:45'	12:50'	<b>13:00</b>
25		400 m.l.(CONTROL)	abf	12:45'	12:50'	12:55'	<b>13:05</b>
26		Rel. 4x100 m.	jvf	12:50'	12:55'	13:00'	<b>13:10</b>
27		Rel. 4x100 m.	jvm	12:55'	13:00'	13:05'	<b>13:15</b>
28		Altura	alf	13:10'	13:15'	13:20'	<b>13:30</b>
29		Rel. 4x100 m.	cdf	13:10'	13:15'	13:20'	<b>13:30</b>
30		Rel. 4x100 m.	cdm	13:30'	13:35'	13:40'	<b>13:50</b>
31		Relev. 5X80 m.	inm	13:40'	13:45'	13:50'	<b>14:00</b>
32		Relev. 5X80 m.	inf	14:00'	14:05'	14:10'	<b>14:20</b>